Sant Gadge Baba Amravati University, Amravati

FACULTY: Inter-disciplinary Studies

Scheme of Teaching, Learning, Examination & Evaluation leading to Two Years PG Degree Master of Arts (Yogashastra) following Three Years UG Programmewef 2023-24

(Two Years- Four Semesters Master's Degree Programme- NEP 23 with Exit and Entry Option

M.A. In (Yogashastra) First Year Semester- I

S Subject	Type of Course	Subject Code	Teaching & Learning Scheme					Durat ion Of Exam	Examination & Evaluation Scheme Maximum Marks								
N .			Teaching Period Per Week				Cre	edits	Hours	Theory		Practical		Total Marks	Minimum Passing		
			L	T	P T	o L	Practical		AMRAI	Theory Internal	Theory +MCQ External	Inte rnal	Exter nal		Marks Internal	Marks External	Grade
Research Methodology and IPR	Th-Major	MAYO101	4			1 4	187	4	3	30	70	i		100	12	28	P
2 DSC-I,1	Th-Major	MAYO102	4			1 4		4	3	30	70			100	12	28	P
3 DSC-II.1	Th-Major	MAYO103	4			1 4		4	3	30	70			100	12	28	P
4 DSC-III.1	Th-Major	MAYO104	4		- 4	1 4		4	3	30	70			100	12	28	P
5 DSE-I.A	Th-Major Elective	MAYO105 A MAYO105 B	4		4	1 4		4	3	30	70			100	12	28	P
					T .	41.					10 1				Minim	num Passing Marks	Grade
6 DSC-I.1 Lab	Pr-Major	MAYO106		2	2 2	2	1	1	3			25	25	50		25	P
7 DSC-II.1 Lab	Pr-Major	MAYO107		2	2 2	2	1	1	3			25	25	50		25	P
# On Job Training, Internship/ Apprenticeship; Field projects Related to Major @ during vacations umulatively	DSC		120 F cumula during v of Semes Semes	atively acations ter I and	þ	1	900	4*		A COLOR	18						P*
9 Co-curricular Courses: Health and wellness, Yoga Education, Sports and Fitness, Cultural Activities, NSS/NCC,Fine/Applied/Visual/P erforming Arts During Semester I, II, III and IV	Generic Optional		90 Hours Cumulativ Sem. I to S	ely Fron	n	Ą				10	1						
TOTAL								22		The same				600			

L: Lecture, T: Tutorial, P: Practical/Practicum

Pre-requisite Course mandatory if applicable: Prq, Theory: Th, Practical/Practicum: Pr, Faculty Specific Core: FSC, Discipline Specific Elective: DSE, Laboratory: Lab, OJT: On Job Training: Internship/ Apprenticeship; Field projects: FP; RM: Research Methodology; Research Project: RP, Co-curricular Courses: CC

Note: # On Job Training, Internship/ Apprenticeship; Field projects Related to Major (During vacations of Semester I and Semester II) for duration of 120 hours mandatory to all the students, to be completed during vacations of Semester I and/or II. This will carry 4 Credits for learning of 120 hours. Its credits and grades will be reflected in Semester II credit grade report.

Note: Co-curricular Courses: In addition to the above, CC also include but not limited to Academic activities like paper presentations in conferences, Aavishkar, start-ups, Hackathon, Quiz competitions, Article published, Participation in Summer school/ Winter School / Short term course, Scientific Surveys, Societal Surveys, Field Visits, Study tours, Industrial Visits, online/offline Courses on Yoga (Yoga for Ego development, Yoga for Eyesight Improvement, Yoga for Physical Stamina, Yoga for Stress Management, etc.). These can be completed cumulatively during Semester I, II, III and IV. Its credits and grades will be reflected in semester IV credit grade report.

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M.A. In (Yogashastra) First Year Semester- II

5.N.	Subject	Type of Course	Subject Code	Teaching & Learning Scheme							Dura tion Of	Examination & Evaluation Scheme Maximum Marks					1		
				Teaching Period Per Week				Credits			Exam Hour	Theory		Practical		Total Marks	Minimum Passing		
			L	ТР		To tal	L/ T	Prac tical	To tal	MRAL	Theory Internal	Theory + MCQ External	Inte rnal	Exter nal		Marks Internal	Marks External	Grade	
L	DSC-I.2	Th-Major	MAYO201	4			4	4	-32	4	3	30	70			100	12	28	P
	DSC-II.2	Th-Major	MAYO202	4			4	4		4	3	30	70			100	12	28	P
\neg	DSC-III.2	Th-Major	MAYO203	4			4	4		4	3	30	70			100	12	28	P
ı	DSE-II. A	Th-Major Elective	MAYO204 A MAYO204 B	4		1	4	4		4	3	30	70			100	12	28	P
							- 4	3					4 1				Minimum Pa	assing Marks	Grade
;	DSC-I.2 Lab	Pr-Major	MAYO205		2		2		1	1	3			25	25	50		25	P
5	DSC-II.2 Lab	Pr-Major	MAYO206		2		2		1	1	3			25	25	50		25	P
	# On Job Training, Internship /Apprenticeship; Field projects Related to Major @ during vacations cumulatively	Related to DSC		120 Ho cumula during va of Semest Semest	tively cations er I and	1		3	92	4*		The last	18						P*
	Co-curricular Courses: Health and wellness, Yoga Education, Sports and Fitness, Cultural Activities, NSS/NCC, Fine/ Applied/Visual/Performing Arts During Semester I, II, III and IV	Generic Optional		90 Hours Cumulative From Sem. Sem. IV	. I to				W.	410	813		Y						
												in the respective s of Semester I as		rom internsl	nip in order to	exit after Firs	t Year with PG I	Diploma (44 Credits)	after Three Year UC
\neg	TOTAL									18+4*						500		_	

L: Lecture, T: Tutorial, P: Practical/Practicum

Pre-requisite Course mandatory if applicable: **Prq**, Theory :**Th**, Practical/Practicum: **Pr**, Faculty Specific Core: **PSC**, Discipline Specific Elective: **DSE**, Laboratory: **Lab**, **OJT**: On Job Training: Internship/ Apprenticeship; Field projects: **FP**; **RM**: Research Methodology; Research Project: **RP**, **Co-curricular Courses: CC**

Note: # On Job Training, Internship/ Apprenticeship; Field projects Related to Major (During vacations of Semester I and Semester II) for duration of 120 hours mandatory to all the students, to be completed during vacations of Semester I and/or II. This will carry 4 Credits for learning of 120 hours. Its credits and grades will be reflected in Semester II credit grade report.

Note: Co-curricular Courses: In addition to the above, CC also include but not limited to Academic activities like paper presentations in conferences, Aavishkar, start-ups, Hackathon, Quiz competitions, Article published, Participation in Summer school/ Winter School / Short term course, Scientific Surveys, Societal Surveys, Field Visits, Study tours, Industrial Visits, online/offline Courses on Yoga (Yoga for Ego development, Yoga for Anger Management, Yoga for Eyesight Improvement, Yoga for Physical Stamina, Yoga for Stress Management, etc.). These can completed cumulatively during Semester I, II, III and IV. Its credits and grades will be reflected in semester IV credit grade repot.