

Sant Gadge Baba Amravati University, Amravati

FACULTY : Inter-disciplinary Studies

**Scheme of Teaching, Learning, Examination & Evaluation leading to Two Years PG Degree Master of Arts (Yogashastra) following Three Years UG Programmewef 2023-24**

**(Two Years- Four Semesters Master's Degree Programme- NEP 23 with Exit and Entry Option**

**M.A. In (Yogashastra) First Year Semester- I**

S · N ·	Subject	Type of Course	Subject Code	Teaching & Learning Scheme						Duration Of Exam Hours	Examination & Evaluation Scheme									
				Teaching Period Per Week				Credits			Maximum Marks			Minimum Passing						
				L	T	P	Total	L/T	Practical		Total	Theory Internal	Theory +MCQ External	Internal	External	Total Marks	Marks Internal	Marks External	Grade	
1	Research Methodology and IPR	Th-Major	MAYO101	4			4	4		4	3	30	70			100	12	28	P	
2	DSC-I.1	Th-Major	MAYO102	4			4	4		4	3	30	70			100	12	28	P	
3	DSC-II.1	Th-Major	MAYO103	4			4	4		4	3	30	70			100	12	28	P	
4	DSC-III.1	Th-Major	MAYO104	4			4	4		4	3	30	70			100	12	28	P	
5	DSE-I.A	Th-Major Elective	MAYO105 A MAYO105 B	4			4	4		4	3	30	70			100	12	28	P	
																	Minimum Passing Marks		Grade	
6	DSC-I.1 Lab	Pr-Major	MAYO106			2	2		1	1	3			25	25	50	25		P	
7	DSC-II.1 Lab	Pr-Major	MAYO107			2	2		1	1	3			25	25	50	25		P	
8	# On Job Training, Internship/ Apprenticeship; Field projects Related to Major @ during vacations umulatively	Related to DSC		120 Hours cumulatively during vacations of Semester I and Semester II							4*									P*
9	Co-curricular Courses: Health and wellness, Yoga Education, Sports and Fitness, Cultural Activities, NSS/NCC,Fine/Applied/Visual/Performing Arts During Semester I, II, III and IV	Generic Optional		90 Hours Cumulatively From Sem. I to Sem. IV																
	<b>TOTAL</b>															600				

L: Lecture, T: Tutorial, P: Practical/Practicum

Pre-requisite Course mandatory if applicable: Prq, Theory :Th, Practical/Practicum: Pr, Faculty Specific Core: FSC, Discipline Specific Core: DSC, Discipline Specific Elective: DSE, Laboratory: Lab, OJT: On Job Training: Internship/ Apprenticeship; Field projects: FP; RM: Research Methodology; Research Project: RP, Co-curricular Courses: CC

**Note : # On Job Training, Internship/ Apprenticeship; Field projects Related to Major (During vacations of Semester I and Semester II) for duration of 120 hours mandatory to all the students, to be completed during vacations of Semester I and/or II. This will carry 4 Credits for learning of 120 hours. Its credits and grades will be reflected in Semester II credit grade report.**

Note: Co-curricular Courses: In addition to the above, CC also include but not limited to Academic activities like paper presentations in conferences, Aavishkar, start-ups, Hackathon, Quiz competitions, Article published, Participation in Summer school/ Winter School / Short term course, Scientific Surveys, Societal Surveys, Field Visits, Study tours, Industrial Visits, online/offline Courses on Yoga (Yoga for IQ development, Yoga for Ego development, Yoga for Anger Management, Yoga for Eyesight Improvement, Yoga for Physical Stamina, Yoga for Stress Management, etc.). These can be completed cumulatively during Semester I, II, III and IV. Its credits and grades will be reflected in semester IV credit grade report.



